



Sophia Pregnancy Loss Support

Newsletter

Issue 2

January 2018

Welcome!

We hope you have had a gentle Christmas and a peaceful New Year.

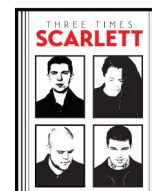
Sophia Pregnancy Loss Support aims to support anybody who has experienced the tragic loss of a baby through miscarriage, stillbirth and neonatal death. As a charity, we aim to educate others about the heartbreaking experience of losing a baby.

We run a friendly monthly support group where we welcome parents, family members and friends who have been affected by the death of a baby. We meet on the first Tuesday of every month between 6pm and 8pm at Combe House, George Eliot Hospital, Nuneaton.

We are continually overwhelmed by the support of our local community who help us fundraise and raise awareness. We are incredibly humbled to be surrounded by such supportive individuals and businesses as without them, we would not be able to help those who need support after the loss of a baby.



3 Times Scarlett put on a fabulous charity band night for Sophia Pregnancy Loss Support on 18th November. They raised £600 and entertained the crowd brilliantly!



The charity had stalls at Bedworth and Nuneaton's Christmas Lights switch on during 25th and 26th November 2017. We raised £215.27 over the weekend with tombolas, name the bear, football blackouts and a lucky dip. We had a lovely time talking to locals and helping to raise much needed awareness. A big thank you to all of our new volunteers who helped run the stalls. We would not have been as successful without you!

Another Christmas stall we held was at The Anker Inn's Christmas Fayre on 2nd December 2017. It was an honour to be able to talk to many people about their babies at such an emotionally difficult time of year.

SPLS have a very big 'thank you' to say to Ricarda Witcombe, Lead Chaplain at George Eliot Hospital, for putting on a peaceful and gentle Christmas Service for our angels at the beginning of December. It is wonderful to be able to remember our babies surrounded by those who have also experienced the pain of losing their children and support each other. Ricarda put a lot of thought into the service and was able to honour our babies beautifully.



The Butterfly Awards

As mentioned in our last newsletter, we were incredibly proud to be nominated for two Butterfly Awards in 2017 in the categories of UK Support Organisation for the charity itself, as well as Committed Babyloss Volunteer for our dedicated Treasurer, Nicky Rygielski.

Although we did not win either award, but we were honoured to spend an emotional evening amongst wonderful people who are dedicated to support others who have experienced baby loss, as well as helping to raise awareness.



The Lloyds SME Midlands Team took on the huge challenge of climbing Ben Nevis to raise money for SPLS. They raised a phenomenal £2134 for our charity, which will be used to support those affected by the loss of babies. We are incredibly grateful to the whole team for participating in such a difficult challenge to raise funds for us!

As part of his training for the London Marathon in April 2018, one of our trustees, Christian Boyle, took part in the Meriden Santa Run. Running alongside Christian were Tegan Gough, Kris and Jake Cartwright. Tegan has raised well over £600 in sponsorship by completing the run on 3rd December 2017. Well done Tegan, Christian, Kris and Jake!



Plans are still being put in place for the improvements we would like to make to the baby memorial garden at Oaston Road Cemetery, Nuneaton. We are eager to get this completed as soon as possible. If you are able to help with donations of materials or volunteer your time, please contact us using the details below.

Our mission to get our brochures, leaflets and posters into doctor's surgeries in the area is going well. Our trustees have given the information to surgeries in Atherstone, Bedworth and Hinckley. We are currently waiting for more posters to be printed and delivered to us. We will then be able to provide our information to surgeries in Nuneaton as well as other Health Professionals in our area.

We are very excited to be involved in plans for Baby Loss Awareness Week 2018. We are looking forward to networking with other local charities and members of the local community to create a week to publicly remember our angels. Keep reading our newsletters for more information on this!

THANK YOU!

We have many individuals, groups, companies and businesses who we are extremely grateful to for their continued support.

The **Miners Football Club** are now sporting our logo on their jackets to help raise awareness.

UPS have distributed 20 SPLS charity boxes around the UK. They also raised £220 from a day of golf.

Rudy Gazeley donated £200 after running the Birmingham Half Marathon in October.

Our charity boxes in **Domino's** Nuneaton Central, Tuttle Hill and Bedworth, as well as in the **Railway Tavern** are receiving frequent donations.

Aldi have kindly donated £200 to SPLS.

Upcoming Events

Please come and visit us and show your support!

26th January 2018 - Expo at Stoneleigh Park

27th January 2018 - Ropewalk Shopping Centre Awareness Stand, Nuneaton

18th April 2018 - Conference for Health Workers, Novotel

21st April 2018 - Ropewalk Shopping Centre Awareness Stand, Nuneaton

22nd April 2018 - London Marathon. Good luck to Christian!

Do you fancy taking on a fun challenge to help yourself get fit, lose those Christmas pounds as well as raise money for Sophia Pregnancy Loss Support? We are creating a team for the Mud7 again this year and we need your help! Contact us for more information.



Contact Information

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Registered Charity Number: 1171082